



EPHRATA REC CENTER

THANKSGIVING

CLASSES

FREE Special Class Schedule:

Sprint 8:15 a.m.

(with Bonus Core Workout)

BodyCombat 8:15 a.m.

BodyPump 9:15 a.m.

Aqua Fitness 9:15 a.m.

REC IS OPEN 8:00 a.m. – 12:00 p.m.

FREE BABYSITTING AVAILABLE

8:00 a.m. - 12:00 p.m.