

The Winter months go quickly, even though January seemed like it lasted longer than normal! Maybe it's the settling down after the holidays or the endless days we've seemed to have without sunshine. The good news is Golden Years meetings will resume in March which should brighten your day and mood. Looking forward to our first get-together March 1!

Meetings

First Wednesday of the month between March and December ,
12:00 p.m. lunch (\$5 per person), meeting/entertainment to follow

Mar. 1, 2023

Lunch: Jean's Famous Meatloaf, Scalloped Potatoes, Peas and Cake



Entertainment: Wildlife enthusiast Tim Mateer brings us his presentation, "Travels with a Wildlife Photographer."

Apr. 5, 2023

Lunch: Chicken Corn Soup, Salad and Cupcakes



Entertainment: Motivational Speaker Eleanor Isaacson, who spent her childhood in Nazi Germany, tells her story of hope.

May 3, 2023

Kitchen Helpers:
Men will serve for Mothers Day



Menu: Beef Barbecue, Potato Salad and Tapioca Pudding

Entertainment: Historical Society of the Cocalico Valley joins us for a talk

June 7, 2023

Lunch: Macaroni & Beef, Cheese Cubes and Ice Cream Sandwiches



Entertainment: Sweet Life, a married duo whose specialties include soft rock, patriotic music, jazz and country.

See info on our July BBQ on back page.

Annual Picnic Registration Form

Please reserve a place for me/us at the **Annual Picnic July 5, 2023**

Served At The Rec. Cost \$9.00 per person

(1) Name _____

(2) Name _____

Menu: Bar-B-Q Chicken
Baked Potato, Broccoli Salad
Roll/Butter, Carrot Cake
Coffee & Cold Drinks



PLEASE FILL IN THIS FORM AND MAIL OR

BRING IN TO REC CENTER OFFICE

RESERVATIONS MUST BE RECEIVED BY June 28, 2023

NO LATE RESERVATIONS ACCEPTED

Make Checks Payable To: Ephrata Recreation Center

Holy Trinity Lutheran Church cordially invites you to
a free community concert

Essence of Joy Choir



Sunday, March 26 4:00 p.m.

167 East Main Street Ephrata

Parking available behind church and facility is handicapped-accessible

Sponsored by a grant from the Anne Brossman Sweigart

Charitable Foundation

For more info, contact 717-733-4134

GYC Aquatics

Tuesday and Thursday Apr. 4 - June 29

8:15 to 9:00 A.M. \$24.00/session

(THREE-MONTH SESSION)

Open Swim:

Tuesday, Wednesday, Thursday

10:00 to 11:00 A.M.

GYC Membership Card must be shown

Entrance to the Rec is given

15 minutes before start times

