

Open Thanksgiving Day

8:00 a.m. to 12:00 p.m.

FREE Group Fitness Classes and Free Babysitting

FOR **MEMBERS AND NON-MEMBERS**

FREE Special Class Schedule:

Cycle Sculpt 8:15 a.m.

BodyCombat 8:15 a.m.

Boot Camp 9:00 a.m.

BodyPump 9:15 a.m.

Aqua Fitness 9:15 a.m.



130 South Academy Drive
Ephrata PA 17522
717-738-1167
www.ephratarec.com

